

Choose from our full range of Savouries and Sweets  
– perfect for any occasion....

## Flindt at Home!

Ready-made meals perfect for home entertaining

Minimum Order: Four portions of any one item - Bds \$ /portion

### Soups

Creamy Broccoli 28 (Keto) (Delicious!) Tom Yum (Thai) (Chicken 28 Shrimp 32)  
Pumpkin & Ginger 24 Butternut Squash & Coconut 24  
Gazpacho 24

### On the Lighter side...

Caesar Salad 36 - Chicken 46 - Shrimp 50  
Costa Salad 42 - Chicken 48 - Shrimp 52  
(artichokes, olives, mushrooms tossed with romaine – toasted pinenuts – homemade vinaigrette)  
Carsten's Smooth Chicken Liver Pate – onion jam 36  
Oven roasted butternut squash & tomatoes with Quinoa (Balsamic dressing) 30  
- Chicken 46 - Shrimp 50 - Beef 50  
Asian Shrimp Salad – coriander, julienned cucumber, onions & sweet pepper (has a kick!) 48  
Tuna Tartare – spicy Asian Vinaigrette 46

### Quiche (minimum order: 1) (9" - \$68 12" - \$96)

Choose two from the following fillings: (all come with cheese)

Asparagus Caramelised Onion Broccoli Tomato Mushroom Bacon Ham  
Smoked Salmon (add \$8 / \$12)

- More than 2 fillings add \$8 / \$10 per filling

## Curries

West Indian Curry - Creamy madras coconut curry - basmati rice, pappadums, mango chutney  
- Chicken 52 - Shrimp 60 - Veg 48

Thai Curry - Fragrant coconut sauce with eggplant and peppers served with jasmine rice  
- Chicken (green curry) 52 - Shrimp (red curry) 60 - Beef (red curry) 60

## Filled Crepes

Chicken & Mushroom or Mushroom - creamy sauce 36

Shrimp & zucchini - spicy tomato sauce 38 Seafood with creamy white wine sauce 38

## Pastas

Pasta with Creamy basil pesto sauce or Carsten's oven-roasted tomato sauce 40  
- Chicken 50 - Shrimp 54

Smoked salmon tossed with Angel hair pasta in a creamy white wine sauce 56  
- diced tomato, green onions and parmesan cheese

## MAINS

Slow braised New Zealand lamb shank in a rich red wine and port gravy 68

Beef Wellington \* 88

6 oz filet of beef encased in mushroom duxelle and puff pastry – red wine gravy

Lamb en croute – red wine gravy 85

Loin of lamb in puff pastry – red wine gravy

Roast loin of lamb – red wine jus 85

Stroganoff:

Tender strips of filet beef or chicken, sautéed mushrooms, onion, creamy sour cream sauce – basmati rice  
- Chicken 54 - Beef 60

Crab cakes - choice of: Red Thai sauce or Remoulade sauce 68  
- served fragrant jasmine rice

Salmon en croute – choice of white wine, saffron or basil sauce \* 66

Fish en papillote – ginger, sesame, teriyaki dressing – bean sprouts 58

- Choice of **Salmon** or **local catch of the day** - served with coconut basmati rice (raw in foil ready for oven)

\* Beef Wellington and Salmon en croute can be whole (minimum 6 portions)

**Sides:** 20 per portion (Min 2 portions)

Creamed Potatoes (plain or minted), Steamed Veg, Creamed Leeks, 5 spice roast butternut squash

3 Days Notice Required

# Canapés

## Poultry

	<u>each</u>	
Chicken and mushroom vol au vents	9.00	
Lightly curried Chicken vol au vents - with celery	8.50	
Chicken satay skewers	8.50	
Mini Duck pancakes – cucumber, chives, hoisin sauce	12.00	* min 18
Layered turkey & cream cheese pesto crepe roulades	7.50	

## Red Meat

Filet Beef skewers – teriyaki sauce	11.00	
Mini Beef Sliders – Horseradish cream	14.00	
Layered ham & cream cheese pesto crepe roulades	7.50	
Mini Sausage Rolls – hot pepper mayo	6.50	
Lamb skewers – minted Hollandaise sauce	13.00	* min 24

## Seafood

Fish Goujons (Dolphin or Red Snapper – market availability)	9.00	
Thai shrimp en brochette – red curry dip	9.50	
Blackened shrimp – marie rose dip	9.50	
Coconut Panko crusted shrimp – coriander chilli dipping sauce	9.50	
Tuna Tartare – Asian vinaigrette	9.50	
Mini crabcakes – red coconut Thai sauce <u>or</u> Remoulade sauce	12.00	* min 24
Smoked Salmon in a savoury tartlet – sour cream & chopped egg	10.00	
Smoked salmon and cream cheese crepe roulades	9.00	
Smoked salmon on lemon scented blinis	9.50	

## Vegetarian

Savoury tartlett filled with blue cheese & caramelised onion	8.50	
Goats cheese & oven roasted tomato tartletts	8.50	
Thai corn fritters – coriander chilli dipping sauce	5.50	
Tomato and mozzarella lollipops	8.00	

## Miscellaneous

### Mini Quiche:

bacon, cheese & onion, cheese & leek, ham & sweet corn, cheese & onion	9.00	
smoked salmon & cream cheese, cheese & asparagus		

Mini Rotis - Veg, Chicken or Beef	12.00	
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Minimum Order 1 dozen      3 Days Notice Required      Bds \$ per item

# Ready To Serve ....

Perfect for any occasion – for Casual Get Togethers with friends and family, Villa Welcome snacks or Working Lunches at the office....

Estimated to serve 6 to 8 persons, depending on what other items are ordered, length of event and appetites!

## Platters

### **Fresh Fruit** 148

A healthy selection of fresh local and imported fruits.

### **Breakfast Pastries** 174

A delicious selection of mini croissants, raisin danish, muffins  
Banana bread and pain au chocolat – butter and jam (30 items)

### **Mini Sandwiches** 198

Cheddar Cheese, Basil Chicken, Ham mustard mayo,  
Lightly Curried Chicken - celery, Tuna Salad (20 items)

### **Mini Wraps** 198

Club (Bacon, Chicken, Egg) Ham – mustard mayo,  
Curried Chicken – with celery, Veggie (24 items)

### **Seafood** 356

Fish Goujons, Lobster, Poached Jumbo Shrimp, Smoked Salmon  
- served with Marie Rose, Tartare Sauce, Lemon Wedges & capers

### **Shrimp Trio** 238

Jumbo Caribbean Shrimp served three ways – blackened, poached and coconut crusted  
with marie rose and seafood sauces and lemon wedges (24 pieces)

### **Cheese & Crackers** 214

Assorted hard and soft cheeses served with a selection of crackers / baguette

## Salad Bowls

### **Caesar Salad** 128

### **Chicken Caesar Salad** 158

### **Costa Salad** 148

(romaine, hearts of palm, artichokes, mushrooms, olives, pinenuts, parmesan – croutons)

### **Quinoa, roasted butternut squash & tomatoes-** Romaine, balsamic dressing 122

### **Pesto Pasta salad** - with sundried tomatoes – parmesan 98

### **Potato salad** 96

### **Coleslaw** 72

### **Greek Salad** 122

3 Days Notice Required

# Afternoon Tea

## Savoury

Chicken and mushroom vol au vents	9.00
Lightly curried Chicken vol au vents - with celery	8.50
Layered turkey & cream cheese pesto crepe roulades	7.50
Layered ham & cream cheese pesto crepe roulades	7.50
Mini Sausage Rolls – hot pepper mayo	6.50
Smoked Salmon in a savoury tartlet – sour cream & chopped egg	10.00
Smoked salmon and cream cheese crepe roulades	9.00
Smoked salmon on lemon scented blinis	9.50
Savoury tartlett filled with blue cheese & caramelised onion	9.00
Tomato and mozzarella lollipops	8.00
<b>Mini Quiche:</b>	
bacon, cheese & onion, cheese & leek, ham & sweet corn, cheese & onion	9.00
smoked salmon & cream cheese, cheese & asparagus,	
<b>Finger sandwiches:</b>	
Egg, Cucumber , Tuna, Cheese – hot pepper mayo	7.50
Basil chicken, Lightly Curried chicken (with celery), Ham - mustard mayo	8.00
Prawn cocktail, Smoked salmon & capers, Proscuitto ham	10.00

## Sweet

Scones – plain, raisin or cheese	7.50
Profiteroles or Eclairs	12
– choux pastry buns filled with fresh cream or pastry cream - chocolate sauce	
Eton Mess – strawberries / berries with meringue and fresh whipped cream (cups)	16
Other Cups available (see page 7)	
Mini Tarts – Pecan, Chocolate, Fruit, Strawberry, Lemon, Apple	14
Mini Cheesecake Soufflé, Mini Crème Brulee	16
Opera Gateau	12
Chocolate dipped Strawberries	6
Various Cakes and Cupcakes (see page 7 “Mini Desserts”)	

Minimum Order of any one item is 1 dozen      3 Days Notice Required  
Prices are in Bds \$ per item

# Celebration Cakes / Desserts

## Chocolate

Chocolate Ganache Cake (the original Chocolate Fudge cake)

Layers of Chocolate sponge & rich, creamy milk chocolate ganache (rich and chocolately!)

Variations: Baileys, Rum, Cointreau, Amaretto

Chocolate Colenso (Mousse Cake)

Layers of Chocolate & Vanilla sponge with dark chocolate mousse (a lighter chocolate option!)

Variations: Baileys, Rum, Cointreau, Amaretto

Dark and White Chocolate Mousse Cake

Layers of Chocolate & Vanilla sponge with White & Dark chocolate mousse

Blackforest Gateau

Layers of Chocolate sponge with fresh cream and brandied cherries

Gateau Opera

Layers of lightly rum soaked Vanilla & Chocolate sponge with Chocolate ganache & coffee buttercream

Gateau Gayle

Layers of Chocolate sponge with fresh cream and brandied cherries with a layer of chocolate ganache

Chocolate Decadence

Layers Flourless Chocolate sponge with Dark Chocolate ganache (can be made with Milk chocolate ganache – please specify)

## Cheesecake

Plain

Plain – with fruit glaze (mango, passionfruit, raspberry, strawberry)

Vanilla

Fruit/Berry (mango, passionfruit, lemon, coconut, strawberry, raspberry, blueberry)

Milk or Dark or White Chocolate

Baileys, Amaretto, Malibu

## Other

Fresh Cream Gateau

- “Olivia” - Vanilla or Chocolate sponge, fresh cream & fruit / berries

- “Helena” - Vanilla Sponge with coffee flavoured fresh cream

Butter frosted Cake

Vanilla or Chocolate sponge – buttercream (Chocolate, Vanilla, Coffee, Lemon)

Red Velvet Cake – with cream cheese frosting

Whiteforest Gateau

Layers of Vanilla sponge with fresh cream and brandied cherries

Tiramisu Gateau

Larger Cakes, Gluten Free or Special requests – just Ask! 3 Days Notice Required

# Mini Desserts

## **Mini Cups:** 16

Chocolate Mousse - choice of : baileys, dark and white, rum, orange scented

Fruit Trifle

Tiramisu parfait

Fruit Mousse - various: strawberry, raspberry, mango, passionfruit

Fruit and Chocolate combination – various

Eton mess – meringue, fresh cream and berries

White Chocolate Panna cotta – raspberry coulis

Crème Brulee – various – Vanilla, Caramelised Banana, Raspberry

## **Mini Tartlets:** 14

Choice of: Lemon, Lemon Meringue, Apple, Pecan, Coconut, Berries, Chocolate, Cheesecake

## **Cup cakes:** 8 – 12 (depending on decoration)

Choice of: Red Velvet, Lemon, Lemon and raspberry, Butterscotch,

Vanilla, Chocolate, Coffee

Mini Choux buns or Eclairs - filled with pastry cream or fresh cream 12

Cooked Cheesecake Soufflé 16

Chocolate Decadence 12

Opera Gateau 12

Carrot cake 12

Lemon cake 10

Chocolate dipped Strawberries 6

Fruit and Nut Chocolate Mendiants 6

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October 2024

Page 7